

# Elaine Johnson

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## EDUCATION

**Emory University, Atlanta GA**

*Doctor of Philosophy, Clinical Psychology*

**Expected August 2023**

**Emory University, Atlanta GA**

*Master of Arts, Clinical Psychology*

**June 2020**

**The City College of New York**

*Bachelor of Arts, Psychology*

**June 2017**

## FELLOWSHIPS & HONORS

**George Woodruff Fellowship, Emory University**

**August 2018 - Present**

**Jeannette K. Watson Fellowship, The Watson Foundation**

**March 2015 - June 2018**

**Salutatorian - The City College of New York (CCNY)**

**June 2017**

**Valedictorian - The Colin Powell School for Civic and Global Leadership, CCNY**

**June 2017**

**Bernard R. Ackerman Award**

**June 2017**

**Outstanding SEEK Graduate of the Year**

**June 2017**

**The Colin Powell Fellowship in Leadership and Service, CCNY**

**April 2015 - June 2017**

**Psychology Honors Program, CUNY City College**

**February 2016 - June 2017**

**Phi Beta Kappa Honor Society**

**May 2017**

**Chi Alpha Epsilon National Honor Society**

**December 2015**

**Psi Chi, The International Honor Society in Psychology**

**May 2015**

**Outstanding Sophomore of the Year**

**May 2015**

**National Society of Leadership and Success**

**August 2014**

**Dean's List - The City College of New York**

**May 2014 - 2017**

## TEACHING EXPERIENCE

**The City College of New York, New York, NY**

**Jan 2023 - June 2023**

*Instructor, Child Psychopathology*

- Teaching Child Psychopathology 319, a 300-level semester long course for undergraduate students
- Provided guidance for undergraduates seeking secondary education
- Provided one-on-one check-ins for students
- Responsible for designing wellness initiatives to be integrated within courses

**The City College of New York, New York, NY.**

**August 2022 - December 2022**

*Instructor, Child Psychopathology, Masters Level*

- Taught Child Psychopathology V7500, a course for master level students in the BA/MA program.
- Provide guidance and mentorship for students seeking doctorate degrees and psychology related jobs
- Students learn a variety of psychiatric and neurodevelopmental disorders that affect children and adolescents. Special emphasis is placed on severe forms of psychopathology, and the impact that these conditions have on daily academic and social functioning

**The City College of New York, New York, NY**

**June 2022 - July 2022**

*Instructor, Child Psychopathology*

- Taught Child Psychopathology 319, a 300 level 4-week intensive course for undergraduate students
- Provided guidance for undergraduates seeking secondary education
- Provided one-on-one check-ins for students
- Responsible for designing wellness initiatives to be integrated within courses

**Emory University, Atlanta, GA****January 2022 – May 2022***Instructor, Child Psychopathology*

- Taught Child Psychopathology 211, a 200-level course for undergraduate students
- Provided guidance for undergraduates seeking secondary education
- Provided one-on-one check-ins for students struggling to succeed during the semester
- Responsible for designing wellness initiatives to be integrated within courses
- Planned and provided review sessions and office hours to aid students in their coursework and exams.

**Emory University, Atlanta, GA****January 2019 – December 2021***Teaching Assistant*

- Responsible for grading assignments, quizzes and papers for Emory's PSY 211-1 Child Psychopathology course, PSYC 111 introductory psychology course, PSYC 205 – Child Development course, and PSYC 330-1 – Personality Theories course
- Design and present lecture on the topic of Schizophrenia,
- Design and present lecture on borderline personality disorder and dissociative disorders.
- Present lecture on personality Disorders
- Plan and provide review sessions and office hours to aid students in their coursework and exams.
- Responsible for curating excel documents to increase access to the research of people of color

**Emory University, Atlanta, GA****January 2020 – May 2020***Instructor, Research Methods*

- Taught the lab section of the larger PSY200 Research methods course once a week to guide a group of 13 students through their individually developed research projects
- Helped students develop appropriate academic writing skills
- Helped students with creating and finding appropriate research methods
- Helped students in gathering and assessing data
- Met weekly with other lab instructors to plan learning objectives for students

**Emory University, Atlanta, GA****June 2019 – July 2019***Teaching Assistant, Psychology Study Abroad*

- Assisted professors in creating research study variables for students in a research study abroad program. This program consisted of 3 weeks in Scotland collecting data on empathy in school children and then 3 weeks at the Psychology department in University College London to clean and analyze the data as well as write up a final research paper in APA format
- Met with students and teachers at the schools in Scotland to ensure a smooth transition for students to interact with the students
- Graded and provided feedback on student assignments while in Scotland and London
- Helped students with creating and finding appropriate research methods
- Provided emotional support for students in the program
- Assisted students with problem solving throughout the program

**Emory Pipeline Collaborative, Atlanta GA****November 2019 – March 2020***Health Educator*

- Taught neuroscience and mental health topics to a group of 10 – 15 high school students
- Provided mentorship to students applying to college to increase access to resources
- Provided mentorship to college level participants in developing mentorship skills

**Open Hand, Atlanta GA****October 2019 – December 2019***Health Educator*

- Taught health and nutrition-based classes to adults and children throughout Atlanta
- Provided nutrition education at the pop-up stations located at the Marta-Markets throughout Atlanta
- Took class on trips to grocery stores such as Publix and Kroger to teach them in real time how to shop for healthier foods

**Peer Health Exchange, CUNY City College****October 2013 - June 2016***Health Educator & Leadership Counsellor*

- Taught health classes to 200 ninth graders in schools throughout New York City
- Taught students in Spanish when needed to supplement their understanding of the material
- Trained incoming health educators to be successful in the classroom
- Attended health seminars to gain knowledge about health education

**LEADERSHIP & SERVICE****SEEK PAL Center, CUNY City College****August 2022 – Present***Tutor*

- Tutor students in psychology courses offered at CCNY
- Lead supplemental instruction review sessions for psychology courses
- Create study guides and quizzes for psychology students
- Edit resumes, CV's and fellowship essays

**SEEK PAL Center, CUNY City College****August 2014 – June 2018***Tutor*

- Facilitated the 10<sup>th</sup> annual Tutor Talk Conference in 2017 leading three different groups of tutors in discussions about what to do when students are not understanding the information being taught
- Tutor over 170 students in Psychology, Anthropology, English, and Theatre History
- Lead supplemental instruction review sessions for psychology courses
- Created study guides and quizzes for psychology students
- Specialized in editing resumes, CV's and fellowship essays
- Reading analyzing and summarizing articles for program director, Hawai Kwok

**Thrive Women's Empowerment Inc****August 2019 – June 2022***Student Advisor*

- Provide mentorship for 4 students at North Carolina A&T University to aid them in achieving their academic and personal goals
- Provide access to resources necessary for successful interviews
- Provide resume and cover letter editing for students.

**Initiative for Maximizing Student Development, Emory University****August 2019 – August 2020***Mentor*

- Provided mentorship to undergraduate science majors interested in pursuing a PhD
- Attended seminars on setting goals for undergraduate and graduate students
- Provided workshops focused on wellness and stress reduction for undergraduate students

**SEEK Peer Mentor, CUNY City College****June 2016 - June 2017***Mentor*

- Completed a rigorous training program to mentor incoming freshmen students and other students struggling with various academic and personal problems
- Provided mentorship support and classroom instruction to freshman students to help them develop their resumes, personal statements, and start to develop a plan for their academic and future careers
- Co-taught workshops to aid in professional development. Classes included tips on how to manage money, how to deal with stress, how to create smart goals and more

## **CLINICAL EXPERIENCE**

### **The Child and Adolescent Mood Program, Atlanta, GA**

**August 2021 – Present**

*APA Credited Internship, Clinician*

- Provide Cognitive Behavioral Therapy, Behavioral Activation, Dialectical Behavioral Therapy, Progressive Muscle Relaxation, and more to treat children and adults dealing with disorders such as depression, anxiety, adjustment disorder, Post-Traumatic Disorder, and more
- Provide PCIT services to children aged 2 – 7 for Oppositional Defiant Disorder and Selective Mutism
- Created Group Therapy program for children aged 5-11 with Selective Mutism
- Provide supervision for first year clinicians.
- Attend weekly group supervision to discuss patient progress and develop treatment plans for clients
- Provide psychodiagnostic and psycho-educational assessment services for children, adolescents, and young adults.
- Skilled in assessments such as the WISC-V, WAIS, and KSADS
- Attend staff trainings to further develop skills in therapies such as DBT and assessment of client psychopathology

### **The Dekalb Social Emotional and Behavioral Support team**

**August 2020 – August 2021**

*Clinical Intern*

- Provide Acceptance and Commitment Therapy and Mindfulness Based Cognitive Behavioral Therapy to adolescents with Anxiety, Autism and ADHD
- Attend weekly group supervision to discuss patient progress
- Attend IEP meetings for clients to ensure they are receiving the appropriate accommodations
- Conduct observations and assessment of behavior in the home
- Provide live parent coaching via zoom for parents of children with Autism
- Consult with Autism and ADHD specialists to create visual boards for clients
- Consult with student aids to ensure appropriate support at school
- Skilled a building rapport with adolescent clients

### **Parent Training and School Intervention Practicum**

**January 2020 – Present**

*Graduate Student Clinician*

- Provide Parent management training to families with children who have difficulty with school, ADHD, and other behavioral problems
- Provide strategies for management of parent stress
- Conduct psychological assessments and trained to provide school consultations
- Attend supervision to consult on cases within the practicum and develop treatment plans for each family.
- Skilled in creating routines, token economies and reinforcement charts for children

### **Stress Management Clinic Practicum**

**June 2020 – Present**

*Graduate Student Clinician*

- Trained to provide stress management modules at the Free Clinic service offered by Dr. Dana Wyner
- Attend supervision to discuss cases, assess patient progress, and practice delivering therapies including Acceptance and Commitment Therapy
- Works collaboratively to improve the modules by tailoring it to specific clients such as parents, kids, adults experiencing grief, graduate students, and undergraduate students

### **The Emory Psychological Clinic, Atlanta, GA**

**July 2019 – August 2021**

*Graduate Student Clinician*

- Provide Cognitive Behavioral Therapy, Behavioral Activation, Dialectical Behavioral Therapy, Progressive Muscle Relaxation, and more to treat adults dealing with disorders such as depression, anxiety, adjustment disorder, Post-Traumatic Disorder, and more
- Attend weekly group supervision to discuss patient progress and develop treatment plans for clients
- Provide neuropsychological assessment services to better help children function to their fullest potential in school

- Skilled in administering assessments such as the WISC-V, WAIS, KeyMath, Woodcock-Johnson, Bayley Scales, and Differential Ability Scales (DAS)
- Attend staff trainings to further develop skills in therapies such as DBT and assessment of client psychopathology

**The Child Mind Institute, New York, NY**

**September 2016 – June 2018**

*Program Assistant for The Selective Mutism Service and Parent Child Interaction Program*

- Support specialists in the Anxiety and Mood Disorders Center in planning and facilitating Selective Mutism and Parent Child Interaction sessions and participate in clinical sessions, including exposures for anxiety.
- Lead weekly group treatment sessions for children with Selective Mutism. This involves both preparing materials for the group and participating in the group itself
- Developed presentation, writing, and research skills with the research team
- Entered PCIT data, including weekly measures of child disruptive behavior, parent skill acquisition, and training clinician skill acquisition
- Observed and participate in live PCIT sessions and complete adherence checklists to ensure clinician fidelity to the PCIT treatment manual
- Trained new counsellors in Parent Child Interaction skills (CDI and VDI)
- Attended weekly supervision meetings to discuss patient progress.

**The Child Mind Institute, New York, NY**

**June 2016 - August 2016**

*Clinical Intern, Jeannette K. Watson Fellowship*

- One of six interns chosen to receive clinical training from the director of the Selective Mutism Service, the director of the ADHD and behavior Disorders Centre, and other specialists at the childmind institute to work as a clinical counselor during treatment sessions with children who have disorders such as selective mutism, separation anxiety disorder, obsessive compulsive disorder, ADHD and other disruptive behavior disorders.
- Collaborated with clinicians and interns to develop *Brave Buddies*, an intensive week-long program, which provides innovative intensive treatment for children with Selective Mutism. I also participated as a therapeutic counselor in week and day-long programs.
- Assisted faculty in ongoing clinical and research projects and in organizing new public education programs provided onsite and in the community by the Trauma and Resilience Center.
- Planned and co-lead resilience workshops for school age children in far Rockaway with specialists in the Trauma and Resilience Center.
- Developed presentation, writing, and research skills while learning developmental psychopathology, behavioral assessments, and psychopharmacology for the Learning and Development Center.
- Completed a research project that examined PTSD severity in children in relation to type of trauma under the mentorship of faculty clinician, Dr. Jamie Howard, and prepared a presentation for the CMI community. Results showed death of a family member related to the highest levels of PTSD severity.
- Assisted in completing special projects assigned by faculty clinicians to aid in the treatment of their patients. Examples include collecting articles and books to create both a parent and teenage friendly ADHD library; and creating a presentation to help clinicians inform parents of the neuropsychological tests available for their children.

**Rockland Psychiatric Center, Rockland, NY**

**June 2014 - December 2014**

*Volunteer*

- Assisted patients of a psychiatric center that provides treatment, rehabilitation, and support to adults 18 and older with severe and complex mental illness.
- Implemented Milieu and Art therapy with the patients by engaging them in various art projects under the supervision of Nicholas Teodoru, treatment team leader.
- Shadowed Nicholas and learned about each patients' long-term treatment plan.
- Learned about various disorders and treatments for each disorder.

## RESEARCH EXPERIENCE

### **BUILD Lab, Emory University**

**August 2018 – Present**

*Graduate Research Assistant*

*Research Advisor: Patricia Brennan, PhD*

- Responsible for dataset, codebook creation, and data entry for a research project that explores home quality using mother child interaction videos
- Supervise data collection involving oversight of the procedures, processes, and the data that is collected
- supervise training for the undergraduate RA's on data collection procedures
- supervise meetings with the data collection team consisting of 2 undergraduate RA's to discuss any challenges faced during data collection while in the field with families

### **Attention Lab, CUNY City College**

**January 2017 – June 2018**

*Research Assistant*

- Participated as a research assistant in the attention and neuropsychological development lab by training in testing children with ADHD
- Trained in administering the WAIS-IV, DIVA, Iowa Gambling Task (IGT), Eye Tracking, Seven-day Activity Questionnaire, Connors Computer Task, Wood-Cock Johnson, TOWRE
- Working with Dr. Sarah O'Neill and Carolina Rosario to complete secondary testing for obesity study.
- Trained extensively in SPSS to clean and analyze data

### **Applied Developmental Psychology Lab, University of Cambridge, UK**

**June 2017 – June 2018**

*Research Assistant, Jeannette K. Watson Fellowship*

- Working with Dr. Michael Lamb, Hayden Henderson, and Faith Vanmeter to examine the differences between forensic interviewing questions used for youth ages 10-15. Specifically, this project focuses on how closed versus open ended questions affect a child's narrative coherence score and verdict
- Coded over 120 American best Evidence transcripts for open vs closed questions and narrative coherence
- Developed a guide to properly code transcripts to obtain a reliable narrative coherence score
- Learned Thematic analysis to assist doctoral candidate Rebeca Sandu in considering the effects of positive relationships on the lives of children who have faced multiple traumas
- Learned the computer program *nvivo* to examine the codes taken from the interview transcripts
- Learned Discriminant Function analysis to examine data

### **Research on Addictive Disorders Lab, CUNY City College**

**December 2015 - May 2016**

*Research Assistant*

- Worked with Dr. Lesia Ruglass to examine racial differences in reactions to smoking images among smokers to assist in the development of improved treatments for smokers who want to quit
- Screened participants to determine eligibility to participate in the smoking study based on race, age, and other inclusion questions
- Scheduled participants for the experiment sessions and assisted researchers during experimental procedures including baseline and EEG sessions
- Maintained database for study by organizing participant information and schedules

## PUBLICATIONS

- Johnson, E. J., & Brennan, P. A. (2021). Paternal Borderline Symptoms and Offspring Outcomes in Young Adulthood. *Journal of Personality Disorders*, 1-18.

## PRESENTATIONS

*Poster Presentations*

- Johnson, E. Brennan, P., (November 2022) *The Relationship Between Prenatal Stress, Vitamin D, and Neurodevelopment Among Black Women and Their Children*. International Society of Developmental

## Psychobiology

- Johnson, E. Brennan, P., (November 2021) *Examining Protective Parenting Practices in the Association between Prenatal Stress and Infant Cognitive Functioning*. International Society of Developmental Psychobiology
- Johnson, E. Brennan, P., (June 2021) *Paternal borderline symptoms and offspring outcomes in young adulthood*. Special Interest Research Group on Father-Child Attachment and Relationships (SIRG-FCAR)
- Johnson, E. Brennan, P., (April 2021) *Examining Protective Parenting Practices in the Association between Prenatal Stress and Infant Cognitive Functioning*. Break the Cycle of Children's Environmental Health Disparities
- Johnson, E., Brennan, P., Cohen, M.F., Mckenna, B., Stanfield, J., (April 2021) *Prenatal Stress and Infant Cognitive Development: Residential Quality as a Protective Factor*. Society for Research in Child Development
- Johnson, E., Brennan, P., Cohen, M.F., Mckenna, B., Stanfield, J., (June 2020) *Prenatal Stress and Infant Cognitive Development: Residential Quality as a Protective Factor*. World Association for Infant Mental Health, Brisbane, Australia
- Rozario, C., Johnson, E., Badripersaud, B., Alkouchiri, N., Hidalgo, G., & O'Neill, S. (January, 2020). *Are ADHD severity and BMI associated with binge eating behavior among college students?* Presentation to the American Professional Society of ADHD and Related Disorders, Washington D.C., USA

## Workshops & Talks

- Increasing Wellness During the First Semester of School. Initiative for Maximizing Student Development. August 2020
- Increasing Mental Health and Wellness across Campus: Engaging in dialogue about stigmatized subjects within our communities. *Emory Scholar's Program and Retreat*. January 2020