

VITA
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NAME Linda Wilcoxon Craighead

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Atlanta, GA 30307

LICENSE Colorado (#2105)
Georgia (PSY003063)

EDUCATION

1972 - B.A. Vanderbilt University
Major: Psychology
Magna Cum Laude with Honors
Minor: Mathematics

1974 - M.S. The Pennsylvania State University
Major: Psychology

1976 - Ph.D. The Pennsylvania State University
Major: Clinical Psychology
Minors: Methodology and Experimental Design
Social Psychology

HONORS

1968-72 National Merit Scholarship
1970-72 Mortar Board
1972 Phi Beta Kappa
1972-75 U.S. Public Health Fellowship
1975 Student Research Award - Association for Women in
Psychology/Division 35, American Psychological
Association

1981 President's New Researcher Award - Association for the
Advancement of Behavior Therapy

1988 Summer Scholar, Center for Advanced Study in the Behavioral
Sciences, Palo Alto, CA

PROFESSIONAL EXPERIENCE

Psychology Practicum (Vanderbilt University) - Behavior modification with autistic children	Winter & Spring, 1971
Psychiatric Aide, Central State Psychiatric Hospital, Nashville, TN	Summer, 1971
Assistant in research and evaluation department, Huntsville- Madison County Mental Health Center, Huntsville, AL	Summer, 1973
Practicum (observation & supervised clinical experience), The Pennsylvania State University, Psychological Clinic: Systematic desensitization, participant modeling, social skills training, assertion training, parent training, conjoint sexual therapy, marital therapy, cognitive-behavior therapy, problem- solving, cognitive restructuring, short-term verbal psychotherapy	1972-75
Supervision of undergraduates working with residents at Laurelton State School and Hospital - group skills training, individual programs, Laurelton, PA	Winter & Spring, 1974
Psychological Assistant, Development of behavioral programs for mentally retarded children and adults, Laurelton State School and Hospital, Laurelton, PA	Summer, 1974
Instructor, Abnormal Psychology, Pennsylvania State University, University Park, PA	Summer, 1975
Assistant in graduate clinical practicum-supervising beginning graduate students, Pennsylvania State University, University Park, PA	Fall, 1975; Winter & Spring, 1976
Clinic Intake Supervisor, Pennsylvania State University, University Park, PA	Fall, 1975; Winter & Spring, 1976
Psychology Intern, Institute for Behavior Therapy, New York, NY	September, 1976 - January, 1977
Psychology Intern and Research Associate in Psychology, Department of Psychiatry, University of Pennsylvania School of Medicine Director, Hypertension/Obesity Unit, Williamsport Hospital, PA. Coordinated by Dr. A.J. Stunkard.	January, 1977 - September, 1977
Assistant Professor, Division of Counseling and Education Psychology, The Pennsylvania State University	September, 1977- July, 1983
Associate Professor, Division of Counseling and Educational Psychology, The Pennsylvania State University (Tenure granted)	July, 1983 - July, 1985
Coordinator, The College of Education Counseling Service	September, 1977 - July, 1985
Co-leader, Behavior Therapy Delegation to People's Republic of China, People-to-People International, Spokane, WA	August, 1982
Member of Program Committee for World Congress on Behavior	1983

Therapy, Washington, DC

Association for Advancement of Behavior Therapy

Program Committee 1988 - 1993

Board of Directors 1990 - 1993

Representative-at-Large 1990 - 1993

Finance Committee 1993 - 1996

American Psychological Association

Executive Committee of Section III (Experimental-Clinical) of
Division of Clinical Psychology (12) 1986 - 1988

Section III, Division 12 - Representative to Board of Directors 1986 - 1988

Division of Clinical Psychology (12), Board of Directors 1986 - 1988

Division of Clinical Psychology (12), Program Committee 1988 - 1995

Division of Clinical Psychology (12), Publications Committee 1994 - 1996

Division of Clinical Psychology (12), Chair, Fellows Committee 1999 - 2001

Member of International Advisory Board for the World Congress of
Behavioral and Cognitive Therapies - Denmark, 1995 1993 - 1995

Assistant Professor, Department of Psychology, University of North
Carolina at Chapel Hill September, 1985 -
June, 1988

Associate Professor, Department of Psychology, University of North
Carolina at Chapel Hill (Tenure granted) July, 1988 - 1995

Director of Psychological Services, Department of Psychology,
University of North Carolina, Chapel Hill, NC September, 1985 -
1995

Visiting Associate Professor, Duke University Medical Center,
Durham, NC September, 1989 -
August, 1990

Associate Professor, Department of Psychology, University of
of Colorado at Boulder September, 1995 -
August, 1998

Professor, Department of Psychology, University of Colorado,
Boulder, CO August, 1998-2006

Director of Clinical Training, Department of Psychology,
University of Colorado, Boulder, CO July, 2002-2006

Visiting Professor, Department of Psychiatry, Oxford
University, Oxford, England July to August 2003

Professor of Psychology and Psychiatry, Emory University
Director of Clinical Training August 2006-present
May 2007-present

TEACHING EXPERIENCE

Abnormal Psychology
 Psychopathology
 Behavior Disorders
 Cognitive/Behavior Therapy
 Counseling: Theory and Method
 Individual Analysis and Counseling Procedures
 Practicum in Cognitive-Behavior Therapy
 Internship Supervision
 Cognitive and Behavioral Therapies (Graduate)
 Professional Issues & Ethics
 Psychotherapy

PROFESSIONAL ORGANIZATIONS

American Psychological Association
 Association for Behavioral and Cognitive Therapies
 Academy of Eating Disorders

GRANTS

NIMH R21: Appetite–Focused CBWL for Binge Eating Disorder, (PI) (7/1/99-6/30/02); total costs \$337,395.

NIMH R21: Prevention of recurrence of major depression. (Co-PI). (7/1/01-6/30/05); total costs \$422,333.

Consultant for Keefe, Frank, PI. Duke University Medical Center. Pain coping skills and weight management for obese patients with osteoarthritis. NIMH. Current

Consultant for Blumenthal, J., PI .Duke University Medical Center. The separate and combined effects of exercise and weight loss on mild/moderate hypertension. Completed.

Evaluating cognitive behavioral weight loss plus DASH for mild/moderate hypertension. NIH. Current

BOOKS

Craighead, L.W., Craighead, W.E., Kazdin, A.E., & Mahoney, M.J. (1994). Cognitive and behavioral Interventions: An empirical approach to mental health problems. Boston: Allyn & Bacon.

Craighead, L. W. (2006). The Appetite Awareness Workbook: How to listen to your body and overcome binge eating, overeating and obsession with food. Oakland, CA: New Harbinger Publications, Inc.

Craighead, W. E., Miklowitz, D. J., & Craighead, L. W. (Eds.) (2008). Psychopathology: History, Diagnoses, and Empirical Foundations. New York: John Wiley & Sons, Inc.

PUBLICATIONS

- Kazdin, A. E., & Wilcoxon (Craighead), L.A. (1976). Systematic desensitization and non-specific treatment effects: A methodological evaluation. Psychological Bulletin, 83, 729-758.
- Wilcoxon (Craighead), L.A., Schrader, S.L., & Nelson, R.E. (1976). Behavioral formulations of depression. In W.E. Craighead, A.E. Kazdin, and M.J. Mahoney (Eds.), Behavior modification: Principles, issues and applications, (pp. 200-226). Boston: Houghton-Mifflin.
- Wilcoxon (Craighead), L.A., Schrader, S.L., & Sherif, C.W. (1976). Daily self-reports on activities, life events, moods, and somatic changes during the menstrual cycle. Journal of Psychosomatic Medicine, 38, 399-417.
- Craighead, W.E., Craighead, L.W., & Meyers, A.W. (1978). New directions in behavior modification with children. In M. Hersen, R. Eisler, and P. Miller (Eds.), Progress in behavior modification (Vol. 6), pp. 159-201. New York: Academic Press.
- Craighead, L.W. (1979). Self-instructional training for assertive-refusal behavior. Behavior Therapy, 10, 529-542.
- Craighead, L.W., & Craighead, W.E. (1980). Implications of the persuasive communication research for the modification of self-statements. Cognitive Research and Therapy, 4, 117-134.
- Stunkard, A.J., Craighead, L.W., & O'Brien, R.M. (1980). The treatment of obesity: A controlled trial of behavior therapy, pharmacotherapy and their combination. The Lancet, II, 1045-1047.
- Stunkard, A.J., Craighead, L.W., & Brownell, K.D. (1981). Behavior therapy of obesity: Comparison with pharmacotherapy and combined treatment. In P. Bjorntorp, M. Cairella, and A. Howard (Eds.), Recent advances in obesity research: II, pp. 190-198. London: John Libbey & Company Publishers.
- Craighead, L.W., Brownell, K.D., & Horan, J.J. (1981). Behavioral interventions for weight reduction and smoking cessation. In W.E. Craighead, A.E. Kazdin, and M.J. Mahoney (Eds.), Behavior modification: Principles, issues and applications, pp. 286-312. Boston: Houghton-Mifflin.
- Craighead, W.E. & Craighead, L.W. (1981). Instructional demand and anxiety level. Behavior Modification, 5, 103-117.
- Weishaar, M.E., Green, B.J., & Craighead, L.W. (1981). Primary influencers of initial vocational choices of college women. Journal of Vocational Behavior, 18, 67-68.
- Craighead, L.W., Stunkard, A.J., & O'Brien, R.M. (1981). Behavior therapy and pharmacotherapy of obesity. Archives of General Psychiatry, 38, 763-768.
- Craighead, W.E., Meyers, A.W., Craighead, L.W., & McHale, S.M. (1983). Issues in cognitive-behavior therapy with children. In M. Rosenbaum, C.M. Franks and Y. Jaffe (Eds.), Perspectives on behavior therapy in the eighties, pp. 234-261. New York: Springer.
- Petroski, R.A., Craighead, L.W., & Horan, J.D. (1983). Separate and combined of behavior rehearsal and self-other modeling variations on the grooming skill acquisition of mentally retarded women. Journal of Counseling Psychology, 30, 279-282.

- Craighead, L.W., McNamara, K., & Horan, J.J. (1984). Perspectives on self-help and bibliotherapy: You are what you read. In S.O. Brown and R.W. Lent (Eds.), Handbook of Counseling Psychology, pp. 878-929. New York: John Wiley.
- Craighead, L.W. (1984). Sequencing of behavioral and pharmacological treatments for obesity. Journal of Consulting and Clinical Psychology, 52, 190-199.
- Straw, M.K., Mahoney, M.J., Straw, R.B., Rogers, T., Mahoney, B.K., Craighead, L.W., & Stunkard, A.J. (1984). The master questionnaire: A self-report measure of variables relevant to obesity treatment. Addictive Behavior, 9, 1-10.
- Fernan, W., Craighead, L.W., & Craighead, W.E. (1984). Therapist contact in behavior bibliography of moderate obesity. Behavioral Counseling Quarterly, 3, 186-197.
- Craighead, L.W. (1985). A problem-solving approach to the treatment of obesity. In M. Hersen & A.S. Bellack, (Eds.), Handbook of clinical behavior therapy with adults, pp. 229-268. New York: Plenum.
- Craighead, W.E., Meyers, A.W., & Craighead, L.W. (1985). A conceptual model for cognitive-behavior therapy with children. Journal of Abnormal Child Psychology, 13, 331-342.
- Smucker, M.R., Craighead, W.E., Craighead, L.W., & Green, B.J. (1986). Normative and reliability data for the Children's Depression Inventory. Journal of Abnormal Child Psychology, 14, 25-40.
- Craighead, L.W. (1987). A behavioral perspective on comprehensive treatment planning for obesity. In J. Blumenthal and D. McKee (Eds.), Applications in behavioral medicine and health psychology: A clinician's source book, pp. 143-171. Sarasota, FL: Professional Resource Exchange, Inc.
- Craighead, L.W. (1987). Behavior therapy and pharmacotherapy in the treatment of obesity. In W.G. Johnson (Ed.), Advances in Eating Disorders, Vol. 1, pp. 65-86.
- Fremont, J. & Craighead, L.W. (1987). Aerobic exercise and cognitive therapy in the treatment of dysphoric moods. Cognitive Therapy and Research, 11, 240-251.
- Craighead, L.W. & Blum, M. (1989). Supervised exercise in behavioral treatment for moderate obesity. Behavior Therapy, 20, 49-59.
- Craighead, L.W., & Green, B.J. (1989). The relationship between depression, and sex-typed personality characteristics in adolescents. Journal of Youth and Adolescence, 18, 467-474.
- Craighead, W.E., & Craighead, L.W. (1990). Behavior therapy: Recent developments. Current Opinion in Psychiatry, 3, 785-789.
- Craighead, L.W., & Agras, W.S. (1991). Mechanisms of action in cognitive-behavioral and pharmacological interventions for obesity and bulimia nervosa. Journal of Consulting and Clinical Psychology, 59, 115-125.
- Craighead, L.W., & Craighead, W.E. (1991). Behavior therapy: Recent developments. Current Opinion in Psychiatry, 4, 916-920.
- Craighead, L.W., & Kirkley, E.G. (1994). Obesity and eating disorders. In L.W. Craighead, W.E. Craighead, A.E. Kazdin, & M.J. Mahoney (Eds.), Cognitive and behavioral interventions: An empirical approach to mental health problems, (pp. 141-155). Boston: Allyn & Bacon.

- Craighead, L.W. (1994). Future directions. In L.W. Craighead, W.E. Craighead, A.E. Kazdin, & M.J. Mahoney (Eds.), Cognitive and behavioral interventions: An empirical approach to mental health problems, (pp. 377-391). Boston: Allyn & Bacon.
- Craighead, W.E., Craighead, L.W., & Ilardi, S. (1995). Behavior therapies in historical perspective. In B. Bongar, & L.E. Beutler (Eds.), Foundations of psychotherapy: Theory, research, and practice, pp. 64-83. Oxford University Press.
- Craighead, L.W. (1995). Conceptual models and clinical interventions for bulimia and binge eating. In L. VandeCreek (Ed.), Innovations in clinical practice: A sourcebook, Vol. 14, (pp. 67-87). Sarasota, FL: Professional Resource Press.
- Craighead, L.W., & Allen, H.N. (1995). Appetite Awareness Training: A cognitive behavioral intervention for binge eating. Cognitive and Behavioral Practice, 2,(2) 249-270.
- Greenberg, M.D., Craighead, W.E., Evans, D.D., & Craighead, L.W. (1995). An investigation of the effects of comorbid Axis-II pathology on outcome of inpatient treatment for unipolar depression. Journal of Psychopathology and Behavioral Assessment, 17 (4), 305-321.
- Craighead, W.E., & Craighead, L.W. (1996). Cognitive behavior therapy. In B.B. Wolman (Ed.), The Encyclopedia of Psychology, Psychiatry, and Psychoanalysis, pp. 103-107. New York: Henry Holt.
- Craighead, L.W., Allen, H.N., Craighead, W.E. & DeRosa, R. (1996). Effect of social feedback on learning rate and cognitive distortions among women with bulimia. Behavior Therapy, 27,(4), 551-563.
- Craighead, W.E., Ilardi, S.S., Greenberg, M.D., & Craighead, L.W. (1997). Cognitive psychology: Basic theory and clinical implications. In A. Tasman, J. Kay, & J. Lieberman, (Eds.), Psychiatry, (pp. 350-368). Philadelphia: W.B. Saunders.
- Rounds-Bryant, J.L., Flynn, P.M., and Craighead, L.W. (1997). Relationships between self-efficacy perceptions and intreatment drug use among regular cocaine users. The American Journal of Drug and Alcohol Abuse, 23, 383-395.
- Craighead, W.E., Craighead, L.W. (1998). The case of Mr. B. In M.T. Nietzel, D.A. Bernstein, & R. Milich, Introduction to clinical psychology. (5th ed.) New York: Prentice Hall.
- Craighead, W.E., Craighead, L.W., & Ilardi, S.S. (1998). Psychosocial treatments for major depressive disorder. In P.E. Nathan, & J. M. Gorman (Eds.), A guide to treatments that work, New York: Oxford University Press. pp, 226-239
- Craighead, W.E., & Craighead, L.W. (1998) Manual-based treatments: Suggestions for improving their clinical utility and acceptability. Clinical Psychology: Science and Practice, 5, 403-407.
- Craighead, W.E., Smucker, M.R., Craighead, L.W., & Ilardi, S. (1998). Factor analysis of the Children's Depression Inventory in a community sample. Psychological Assessment, 10, 156-165.
- Brosse, A.L., Craighead, L.W., & Craighead, W.E. (1999) Testing the mood-state hypothesis among previously depressed and never-depressed individuals. Behavior Therapy, 30, 97-115.

- Darnall, B. D., Smith, J.E., Craighead, L. W., & Lamounier, J. (1999). Investigating the cognitive model for bulimia through path analysis on a Brazilian adolescent sample. Addictive Behaviors, 24, 47-57.
- Allen, H.N., & Craighead, L.W. (1999) Appetite monitoring in the treatment of binge eating disorder. Behavior Therapy, 30, 253-272.
- Craighead, L.W. & Aibel C. (2000). The role of anxiety in weight management. In D.E. Mostofsky & D.H. Barlow (Eds.), The Management of Stress and Anxiety in Medical Disorders, Boston: Allyn & Bacon pp 300-340.
- Blumenthal, J.A., Sherwood, A., Gullette, E.C.D., Babyak, M., Hinderliter, A., Waugh, R., Georgiades, A., Craighead, L.W., Tweedy, D., Feinglos, M., Appelbaum, M., Hayano, & Junichiro, J. (2000) Exercise and weight loss reduce blood pressure in men and women with mild hypertension. Archives of Internal Medicine, 160, 1947-1958.
- Georgiades, A., Sherwood, A., Gullette, E.C.D., Babyak, M.A., Hinderliter, A., Waugh, R., Tweedy, D., Craighead L.W., Bloomer, R., & Blumenthal, J.A. (2000). Effects of exercise and weight loss on mental stress-induced cardiovascular responses in individuals with high blood pressure. Hypertension, 36, 171-176.
- Fresco, D.M., Craighead, L.W., Koons, A.N. & Sampson, W.S. (2001). The relationship of sociotrophy and autonomy to symptoms of depression and anxiety. Journal of Cognitive Psychotherapy, 15, 17-31.
- Craighead, W. E. & Craighead, L. W. (2001). The role of psychotherapy in treating psychiatric disorders. The Medical Clinics of North America, 85, 617-629.
- Hart, A.B., Craighead, W.E., & Craighead, L.W. (2001). Predicting recurrence of major depressive disorder in young adults: a prospective study. Journal of Abnormal Psychology, 110, (4), 633-643.
- Craighead, L.W. (2002). Obesity and eating disorders. In M.M. Antony & D. H. Barlow (Eds.), Handbook of Assessment and Treatment Planning for Psychological Disorders, (pp 300-340). New York: Guilford Press.
- Craighead, W.E., Hart, A.B., Craighead, L.W. & Ilardi, S.S. (2002). Psychosocial treatments of major depressive disorder. In P.E. Nathan & J.M. Gorman (Eds.), A Guide to Treatments That Work, 2nd ed. (pp 245-261). New York: Oxford University Press.
- Craighead, W.E. & Craighead, L.W. (2003). Behavioral and cognitive-behavioral psychotherapy. In G. Stricker & T.A. Widiger (Eds.), Comprehensive Handbook of Psychology, Volume 8: Clinical Psychology (pp. 279-299). New York: John Wiley & Sons.
- Craighead, W.E., Ilardi, S.S., Miyake, A., Craighead, L.W., Greenberg, M.D., & Garratt, G. (2003). Cognitive psychology: Basic theory and clinical implications. In A. Tasman, J. Lieberman, & J. Kay (Eds.), Psychiatry, 2nd edition (pp.403-425). New York: John Wiley & Sons.
- Dicker, S. & Craighead, L.W. (2004). Appetite-focused cognitive behavioral therapy in the treatment of binge eating with purging. Cognitive and Behavioral Practice, 11 (2), 213-221.
- Sobik, L., Hutchison, K. & Craighead, L. (2005), Cue-elicited craving for food: A fresh approach to the study of binge eating. Appetite, 44 (3), 253-261.
- Craighead, L. & Craighead, W. E. (2006). Ph.D. Training in Clinical Psychology: Fix it before it breaks. Clinical Psychology: Science and Practice, 13 (3), 235-241.

Fresco, D. M., Rytwinshki, N.K. & Craighead, L. W. (2007). Explanatory flexibility and negative life events interact to predict depression symptoms, Journal of Social and Clinical Psychology. 26 (5), 595-608.

Craighead, L. W., Smith, L.T. (2008). Eating disorders: Bulimia nervosa and binge eating. In Craighead, W.E., Miklowitz, D.J. & Craighead, L.W. (Eds.). New York: John Wiley & Sons, Inc., pps. 435-466.

PAPERS PRESENTED

Craighead, W. E., Nelson, R. E., **Wilcoxon (Craighead), L. A.**, & Schrader, S. L. (December, 1975). An integrative model for the study and treatment of depression. Paper presented at the meetings of the Association for the Advancement of Behavior Therapy, San Francisco, CA.

Schrader, S. L., **Wilcoxon (Craighead), L. A.**, & Sherif, C. W. (August, 1975). Daily self-reports on activities, life events, moods and somatic changes during the menstrual cycle. Paper presented at the meetings of the American Psychological Association, Chicago, IL.

Schrader, S. L., **Wilcoxon (Craighead), L. A.**, & Sherif, C. W. (April, 1976). Daily self-reports on activities, life events, moods and somatic changes during the menstrual cycle. Paper also presented at the meetings of the Eastern Psychological Association, New York, NY. By invitation to receive the Annual Student Research Prize for 1975 awarded by the Association for Women in Psychology.

Craighead, L. W., Stunkard, A. J., & O'Brien, R. M. (April, 1978). Behavioral and pharmacological treatments of obesity. Paper presented at the meetings of the American Psychosomatic Society, Washington, DC.

Craighead, L. W. (August, 1978). Therapeutic effects of self-instructional training for non-assertive women. Paper presented at the meetings of the American Psychological Association, Toronto, Canada.

Craighead, W.E., & **Wilcoxon-Craighead, L.** (October, 1978). Implications of the attitude-change literature for the modification of self-statements. Paper presented at the Second National Conference on Cognitive Behavior Therapy, New York, NY.

Craighead, W. E., & **Craighead, L. W.** (October, 1978). Symposium: The role of cognitions in the maintenance of behavior change. Paper presented at the 2nd National Conference on Cognitive Behavior Therapy Research, New York, NY.

Craighead, L. W. (April, 1979). Cognitive variables in assertion training. Paper presented at the meeting of the Eastern Psychological Association, Philadelphia, PA.

Craighead, L. W. (July, 1979). Times of transition: Sex fair education and vocational issues related to females. Paper presented at the 2nd Annual Summer Institute for Guidance Leadership, Pennsylvania State University, University Park, PA.

Mercatoris, M., **Craighead, L. W.**, Craighead, W. E., & Schrader, S. (December, 1979). Factor structure of a mood checklist for use in behavior therapy research. Paper presented at meetings of the Association for the Advancement of Behavior Therapy, San Francisco, CA.

Straw, R., Straw, M. K., & **Craighead, L. W.** (December, 1979). Psychometric properties of the master questionnaire: Cluster analysis of an obesity assessment device. Paper

presented at the meeting of the Association for the Advancement of Behavior Therapy, San Francisco, CA.

Craighead, L. W. (December, 1979). Evaluation of behavior therapy and a pharmacological approach to the treatment of obesity. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, San Francisco, CA.

Craighead, L. W. (July, 1980). Sequencing of behavioral and pharmacological treatments for obesity: One year follow-up. Paper presented at the World Congress on Behavior Therapy, Jerusalem, Israel.

Craighead, L. W. (November, 1982). Strategies to enhance the effectiveness of behavior therapy for obesity. Chairperson of symposium presented at the meeting of the Association for the Advancement of Behavior Therapy, Los Angeles, CA.

Craighead, L. W. (November, 1982). Anorectic medication as an adjunct to behavior therapy for obesity. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy. Los Angeles, CA.

Blum, M. D., & **Craighead, L. W.** (November, 1982). Evaluation of an exercise component in the behavioral treatment of obesity. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, Los Angeles, CA.

Wyatt, T., & **Craighead, L. W.** (March, 1984). Three theoretically based interventions to increase exercise adherence in a health promotion regimen. Paper presented at the meeting of the American Psychosomatic Society, Greenville, SC.

Fremont, J., & **Craighead, L. W.** (November, 1984). The role of exercise in the treatment of depression. Paper to be presented at the meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA.

Kramer, M., & **Craighead, L. W.** (November, 1986). Effects of restraint and externality on mood changes following eating or game playing. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy.

Zimmerman, J. D., & **Craighead, L. W.** (November, 1987). Attentional focus effects on mood, memory and self-consciousness following exercise and meditation. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, Boston, MA.

Craighead, L. W. (July, 1990). Cognitive-behavior therapy for eating disorders. Ostmarkaseminar om Adferdsmedisin. Department of Psychiatry, Universitet i Trondheim, Trondheim, Norway.

Craighead, L. W. (April, 1992). Cognitive behavior therapy of eating disorders and obesity. Paper presented at The Fifth Nordic Congress on Behavior Therapy, The University Hospital, Reykjavik, Iceland.

Craighead, L. W. (May, 1992). Update on cognitive behavioral interventions. Paper presented at the meeting of the North Carolina Psychological Association, Atlantic Beach, NC.

Craighead, L. W. (June, 1992). Cognitive-behavioral treatment of obesity and bulimia. Paper presented at the International Congress on Integrative and Eclectic Psychotherapy, Mazatlan, Mexico.

- Allen, H., **Craighead, L. W.**, DeRosa, R., & Craighead, W. E. (May, 1993). Bulimia and depressive cognitions. Paper presented at the Annual Meeting of the North Carolina Psychological Association, Atlantic Beach, N.C.
- Fresco, D. M., & **Craighead, L. W.** (May, 1993). Personality factors in the comorbidity of depression and anxiety: The role of sociotropy and autonomy. Presented at the Annual Meeting of the North Carolina Psychological Association, Atlantic Beach, N.C.
- Craighead, L. W.**, Craighead, W. E., DeRosa, R., & Allen, H. (August, 1993). Interview and self-report data for college students: A review of the issues and some new data. Paper presented in symposium, "Assessment of Major Depression," at the meetings of the American Psychological Association, Toronto, Canada.
- Fresco, D. M., **Craighead, L. W.**, Sampson, W. S., Watt, N. M., Favell, H. E., & Presnell, K. E. (August, 1994). The effects of self-administered "Optimism Training" on attributional style, levels of depression and health symptoms in pessimistic college students. Presented at the Society for a Science of Clinical Psychology at the meetings of the American Psychological Association, Los Angeles, CA.
- Fresco, D. M., **Craighead, L. W.**, & Koons, A. N. (September, 1994). Two approaches to the comorbidity of depression and anxiety: Comparing attributional style to sociotropy and autonomy. Presented at the meetings of the Society for Research in Psychopathology, Coral Gables, FL.
- Fresco, D. M., **Craighead, L. W.**, & Koons, A.N. (November, 1994). A comparison of two techniques for measuring attributional style: How the ASQ and the CAVE relate to each other and to depression. Paper presented at the meetings of the Association for the Advancement of Behavior Therapy, San Diego, CA.
- Sampson, W. S., **Craighead, L. W.**, & Fresco, D. M. (November, 1994). The influence of sex role on depression and attributional style. A poster presented at the meetings of the Association for the Advancement of Behavior Therapy, San Diego, CA.
- Fresco, D. M., **Craighead, L. W.**, Sampson, W. S., Watt, N. M., Favell, H. E., & Presnell, K. E. (March, 1995). The effects of self-administered optimism training on attributional style, levels of depression and health symptoms in pessimistic college students. Poster presented at the Eastern Psychological Association, Boston, MA.
- Norton, J. E., **Craighead, L. W.**, Baucom, D. H., Clayton, D. C., & Bebhuk, J. M. (November, 1995). Hypoactive sexual desire disorder and depression: A treatment outcome study. Paper presented at the meetings of the Association for Advancement of Behavior Therapy, Washington, DC.
- Fresco, D. M., Sampson, W. S., Clark, J., Enns, C., & **Craighead, L. W.** (November, 1995). Self-administered optimism training: The process of lessening the impact of pessimistic explanatory style. Poster presented at the meetings of the Association for Advancement of Behavior Therapy, Washington, DC.
- Fresco, D. M., Sampson, W. S., **Craighead, L. W.**, & Koons, A. N. (November, 1995). The content analysis of verbatim explanations technique: Applications within psychopathology research and therapy process. Poster presented at the meetings of the Association for Advancement of Behavior Therapy, Washington, DC.
- Fresco, D. M., **Craighead, L. W.**, Koons, A. N., & Sampson, W. S. (March, 1996). Personality factors in the comorbidity of depression and anxiety: The role of sociotropy and autonomy. Paper presented in an invited symposium at the Annual conference of the Eastern Psychological Association, Philadelphia, PA.

- Fresco, D. M., **Craighead, L. W.**, Sampson, W. S., & Koons, A. N. (November, 1996) Self-administered optimism training: Teaching pessimists to be more optimistic. Paper presented at the meetings of the Association for the Advancement of Behavior Therapy, New York, NY.
- Fresco, D. M., Koons, A. N., **Craighead, L. W.**, & Sampson, W. S. (November, 1996). Three ways of evaluating explanatory style as a diathesis for depression: Which measure is most clinically relevant. Paper presented at the meetings of the Association for the Advancement of Behavior Therapy, New York, NY.
- Yacono, L. M., & **Craighead, L. W.** (November, 1996). Sociotrophy, body image, and general self esteem in the prediction of bulimic behavior and depressive symptoms. Paper/Poster presented at the meetings of the Association for the Advancement of Behavior Therapy, New York, NY.
- Craighead, L. W.**, Craighead, W. E., Ilardi, S. S., & Brosse, A. L. (November, 1996). Preventing depression relapse among college students. Paper presented at the meetings of the Association for the Advancement of Behavior Therapy, New York, NY.
- Craighead, L. W.** (Moderator) (November, 1996). How to thrive in a two career couple: Successfully juggling work and family responsibilities together. Panel presented at the meetings of the Association for the Advancement of Behavior Therapy, New York, NY.
- Darnall, B. E., & **Craighead, L. W.** (November, 1997). Investigating the cognitive model of bulimia in a sample of Brazilian college women. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Brosse, A. L., **Craighead, L. W.** & Craighead, W. E. (November, 1997). Mood, dysfunctional cognitions, and vulnerability to depression. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Fresco, D. M., Sampson, W. S., & **Craighead, L. W.** (November, 1997). The role of sociotropy and autonomy in the comorbidity of depression and anxiety. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Vajk, F., Craighead, W. E., **Craighead, L. W.**, & Holley, C. (November, 1997). Risk of major depression as a function of response styles to depressed moods. Paper presented at the meeting of the Association for the Advancement of Behavior Therapy, Miami, FL.
- Craighead, W. E., **Craighead, L. W.**, & Brosse, A. L. (August, 1998). Prevention of relapse/recurrence of major depressive disorders among previously depressed college students. Paper presented in symposium, "Major depression among college students: The real thing" (W.E. Craighead, Chair). Meetings of the American Psychological Association, San Francisco, CA.
- Fresco, D. M., Heimberg, R. G., **Craighead, L. W.**, Craighead, W. E., Brosse, A. L., & Sampson, W.S. (November, 1998). Explanatory flexibility: An alternative conceptualization of the cognitive diathesis in the Learned Helplessness Theory. Paper presented at the meetings of Association for Advancement of Behavior Therapy, Washington, D.C.
- Craighead, W. E., **Craighead, L. W.**, Brosse, A. L., & Ilgen, M. A. (November, 1999). Prevention of relapse/recurrence of major depressive disorder among previously depressed college students. Paper presented at meetings of Association of Advancement of Behavior Therapy, Toronto, Canada.

- Craighead, W. E., **Craighead, L. W.**, & Hart, A. B. (June, 2000). Prevention of relapse/recurrence of depression. Paper presented at meetings of the International Congress of Cognitive Psychotherapy, Catania, Italy.
- Craighead, L. W.** (July 27, 2000). Adding appetite monitoring to weight control programs. Duke Diet and Fitness Center, Duke University, Durham, NC.
- Craighead, L. W.** (October, 2000). Clinical applications of appetite awareness training. Wardenburg Health Center, Psychiatry Dept. Continuing Education Lectures, University of Colorado.
- Elder, K. A., **Craighead, L. W.**, & Niemeier, H. M. (May, 2001). Appetite awareness in the early intervention of binge eating. 2001 International Conference on Eating Disorders. Academy for Eating Disorders, Vancouver, BC, Canada.
- Niemeier, H. M., **Craighead, L. W.** & Elder, K. A. (May, 2001). The psychological distress associated with disordered eating attitudes and behaviors in female college freshmen. 2001 International Conference on Eating Disorders. Academy for Eating Disorders, Vancouver, BC Canada.
- Craighead, L. W.** (June, 2001). Adding appetite monitoring to weight control programs. Structure House, Duke University, Durham, NC.
- Niemeier, H. N., **Craighead, L. W.**, Elder, K. A. & Pung, M. A. (November, 2001). Longitudinal follow-up of freshman women at high-risk for the development of disordered eating symptomatology. Paper presented at the meetings of the Association for Behavior Therapy. Philadelphia, PA.
- Niemeier, H. N., **Craighead, L. W.** & Pung, M. A. (April, 2002). An investigation of college freshman with high eating and weight concerns. Paper presented at the 2002 International Conference on Eating Disorders-Academy for Eating Disorders, Boston, MA.
- Elder, K. E., **Craighead, L. W.**, Niemeier, H. N., & Pung, M. A. (April, 2002) Appetite awareness in the early intervention of binge eating. Paper presented at the 2002 International Conference on Eating Disorders-Academy for Eating Disorders, Boston, MA.
- Craighead, L. W.**, Elder, K. E., Niemeier, H. M., & Pung, M. A. (November, 2002). Food versus appetite monitoring in CBWL for Binge Eating Disorder. To be presented at the meetings of the Association of Behavior Therapy. Reno, Nevada.
- Pung, M. A., **Craighead, L. W.**, Niemeier, H. N., & Elder, K. A. (November, 2002). Prognostic indicators in cognitive-behavioral therapy for Binge Eating Disorder. To be presented at the meetings of the Association of Behavior Therapy. Reno, Nevada.
- Niemeier, H. N., **Craighead, L. W.**, Pung, M. A., & Elder, K. A. (November, 2002). Reliability, validity, and sensitivity to change of the Preoccupation with Eating, Weigh, and Shape Scale. To be presented at the meetings of the Association of Behavior Therapy. Reno, Nevada.

- Pearson, A., **Craighead, L. W.**, & Morgan, S. (November, 2002). Initial responses to dietary restriction. Paper presented at the meetings of the Association of Behavior Therapy. Reno, Nevada.
- Hill, D., & **Craighead, L.** (May 2002). Gender differences in the factor structure of the Preoccupation with Eating, Weight and Shape Scale. Poster presented at the annual meeting of eh Academy for Eating Disorders, Denver, CO.
- Hauser, M., Craighead, W. E., **Craighead, L. W.**, Ilgen, M., Madsen, J. W., Brosse, A. L., Sheets, E.S. (November, 2003). The impact of a CBT-IPT prevention program on the academic performance of previously depressed college students. Paper presented at the annual meetings of the Association for Advancement of Behavior Therapy, Boston, MA.
- Brosse, A. L., Craighead, W. E., **Craighead, L. W.**, Madsen, J. W. , & Hauser, M. (August, 2004). Efficacy of a pilot program to prevent relapse/recurrence of MDD. In W. E. Craighead (Chair), Preventing recurrence of Major Depression among previously depressed college students. Symposium conducted at the meetings of the American Psychological Association, Honolulu, HI.
- Sheets, E. S., Brosse, A. L., Craighead, W. E., & **Craighead, L. W.** (August, 2004). Predicting recurrence of Major Depressive Disorder in college students. In W. E. Craighead (Chair), Preventing recurrence of Major Depression among previously depressed college students. Symposium conducted at the meetings of the American Psychological Association, Honolulu, HI.
- Craighead, L. W.**, Sheets, E. S., & Barrera, A. Z. (August, 2004). Attributed causes of onset and recurrence of MDD among college students. . In W. E. Craighead (Chair), Preventing recurrence of Major Depression among previously depressed college students. Symposium conducted at the meetings of the American Psychological Association, Honolulu, HI.
- Elder, K. A., **Craighead, L. W.**, Buckner, A. L., Niemeier, H. M., & Pung, M. A. (May, 2004). A controlled comparison of standard and appetite-focused CBT for binge eating disorder. Poster presented at the annual meeting of the American Psychiatric Association, New York, NY.
- Elder, K. A., **Craighead, L. W.**, Pung, M. A., Niemeier, H. M., & Buckner, A. L. (May 2004) Maintenance of treatment effects following group CBT for early intervention of binge eating disorder: A comparison of standard CBT and appetite-focused CBT. Paper presented at the annual meeting of the Academy for Eating Disorders, Orlando, FL.
- Buckner, A. L., **Craighead, L. W.**, & Elder, K. A. (April, 2004). Motivation for treatment and prediction of treatment outcome in women with subclinical binge eating disorder. Poster presented at the annual convention of the Academy for Eating Disorders, Orlando, FL.
- Buckner, A. L., **Craighead, L. W.**, & Elder, K. A. (October, 2004). Motivation for treatment in women with subclinical binge eating disorder. Poster presented at the annual convention of the Association for the Advancement of Behavior Therapy, New Orleans, LA.

Hill, Diana, **Craighead, L. W.**, & Trenary, Lucy (November, 2004). The acceptability and reactive effects of food versus appetite monitoring in women with heightened eating and weight concerns. Poster presented at the annual meeting of the Association for the Advancement of Behavior Therapy. New Orleans, LA.

Trenary, L., **Craighead, L. W.**, & Hill, D. M. (2005). Validation of the Interoceptive Awareness Questionnaire – Expanded (IAQ-E). Poster session presented at the International Conference for Eating Disorders, Montreal, Canada.

Hill, D. M., **Craighead, L. W.**, & Trenary, L. (2005). The acceptability of food monitoring versus appetite monitoring in college women. Poster session presented at the annual meeting for the Academy for Eating Disorders, Montreal, Canada.

INVITED TALKS/WORKSHOPS

Workshop on treatment of obesity. Clinic Directors Conference. Lafayette Clinic, Detroit, MI, December 5, 1980.

Workshop on treatment of obesity. Advances in Medicine Seminar. Nassau Hospital, Mineola, NY, May 26, 1982.

Workshop on behavioral and pharmacological interventions for obesity. St. Lawrence Psychiatric Center and County Nutrition Council, Ogdensburg, NY, October 20, 1983.

Workshop on innovative approaches to the treatment of obesity. World Congress on Behavior Therapy, Washington, DC, December 9, 1982.

Workshop on psychology of dieting. Weight-Watchers, Inc. New York, NY, December, 13, 1983.

Workshop on treatment of obesity. Northeastern District Pennsylvania Dietetic Association, Pittston, PA, September 13, 1984.

Institute on alternative approaches for the treatment of obesity. Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA, November 1, 1984.

Workshop on problem-solving approaches to the treatment of obesity. Meeting of the Association for the Advancement of Behavior Therapy, Philadelphia, PA, November 1, 1984.

Workshop on problem-solving approaches to the treatment of obesity. North Carolina Psychological Association Fall Conference, Asheville, NC, October 18, 1986.

Workshop on cognitive-behavior therapy for eating disorders. Ostmarkaseminar om Adferdsmedisin. Department of Psychiatry, Universitet i Trondheim, Trondheim, Norway, July, 1990.

Workshop on cognitive behavior therapy for eating disorders. Florida Psychological Association, Orlando, FL, December, 1990.

Workshop on cognitive behavior therapy for eating disorders and obesity. The Fifth Nordic Congress on Behavior Therapy, The University Hospital, Reykjavik, Iceland, April, 1992.

- Cognitive-behavioral treatment of obesity and bulimia. International Congress on Integrative and Eclectic Psychotherapy. Mazatalan, Mexico, June, 1992.
- Recent advances in cognitive behavioral treatment of obesity. Duke University Medical Center, Center for Living, Durham, NC, April, 1993.
- Appetite awareness training in the treatment of eating/weight concerns. International Association for Cognitive Psychotherapy. Catania, Sicily. June, 2000
- Adding appetite monitoring to weight control programs. Structure House, Duke University, Durham, NC, June 2001. Incorporating Appetite Awareness Training in CBT for eating and weight problems. Wardenburg Medical Center, University of Colorado at Boulder. February 2002.
- Using Appetite Awareness Training in CBT for Eating and Weight Concerns. Linda W. Craighead, Katherine A. Elder and Heather M. Niemeier. Meetings of the Association for the Advancement of Behavior Therapy, Boston, MA, November, 2003.
- Appetite Awareness Training for Eating and Weight Concerns. L. W. Craighead, KA. Elder & Stacy Dicker. Meetings of the Academy of Eating Disorders, Orlando, FL, May 2004.
- Using Appetite Awareness Training in CBT for Eating and Weight Concerns. L. W. Craighead, Meetings of the American Psychological Association, Honolulu, HI. August, 2004.
- Using Appetite Awareness Training within interventions for Eating and Weight Concerns. Linda W. Craighead. Workshop presented at the Annual Congress of the European Association of Behavior and Cognitive Therapies. Thessaloniki, GR. September, 2005.
- Research on Appetite Awareness Training. Lecture for the Paul McReynolds Lecture Series, University of Nevada-Reno, October 14, 2005.
- Using Appetite Awareness Training in CBT for Eating Disorders. Lectures and workshops. Portugal, April 2006.
- Evaluating the role of appetite monitoring in treatment for eating and weight concerns. Psychology Department, Emory University, February 20, 2006.
- Update on Eating Disorders. Keynote Address, & Workshop (Applications of Appetite Awareness for Bulimia and Binge Eating Disorders). Annual Meeting of the Oklahoma Psychological Association, Oklahoma City, OK, September 28, 2007.
- Workshop: Appetite Awareness Training, Cognitive-Behavioural Training Program, University of Iceland, Reykjavík, Iceland, April 11-12, 2008.
- Workshop: Using Appetite Awareness in the Treatment of Eating and Weight Concerns. Meeting of the Georgia Psychological Association, Jekell Island, Ga, May 31, 2008.